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**Personal One-Day Travel Diary for:**

**Thank You!**

Keep your completed Travel Diary near the phone and we'll call you the day after your Travel Day.

If you need any help completing your Travel Diary, please call us toll-free at:

**1-888-687-8287, ext. 4055**

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*Survey conducted by NuStats on behalf of the Southern California Association of Governments (SCAG)*



## LIST 1: Travel Modes

Use these codes to answer question **F**

### Non-Motorized:

- 1 Walk
- 2 Bicycle

### Auto/Van/Truck:

- 3 Drove
- 4 Passenger in auto/van/truck

### Transit:

- 5 Local or community bus
- 6 Express bus
- 7 Metro Blue Line
- 8 Metro Green Line
- 9 Metro Red Line
- 10 Commuter rail (Metrolink, Amtrak)
- 11 Dial-a-Ride/Paratransit
- 12 School bus
- 13 Greyhound bus

### Other Modes:

- 14 Taxi/Shuttle/Limousine
- 15 Motorcycle/Moped
- 97 Other: *(write code and specify)*

## LIST 2: Reasons for Travel

Use these codes to answer question **G**

### Travel:

- 1 Change mode of transportation

### Pick-up/Drop-off:

- 2 Pick up someone or get picked up
- 3 Drop off someone or get dropped off

### Personal:

- 4 ATM, quick stop for gas, coffee, newspaper, etc.
- 5 Shopping
- 6 Banking, post office, pay bills

### Work:

- 7 Work (include regular scheduled volunteer work)
- 8 Work-related (sales call, meeting, errand, etc.)

### Education/Childcare:

- 9 School (attending classes)
- 10 Other school activities (sports, extra-curricular)
- 11 Childcare, day care, after school care

### Eat Meal:

- 12 Eat meal (restaurant, drive-through, take-out, etc)

### Medical:

- 13 Medical

### Recreation/Entertainment:

- 14 Fitness activities (gym, health club, playing sports)
- 15 Recreational (vacation, camping, etc.)
- 16 Entertainment (movie, club, spectator sport, etc.)

### Social/Civic/Religious:

- 17 Visit friends/relatives
- 18 Community meetings, political/civic event, public hearing, voting, etc.
- 19 Occasional volunteer work
- 20 Church, temple, religious meeting

### Other Out of Home:

- 21 With another person at their activity
- 22 Other personal: *(write code and specify)*

### At Home:

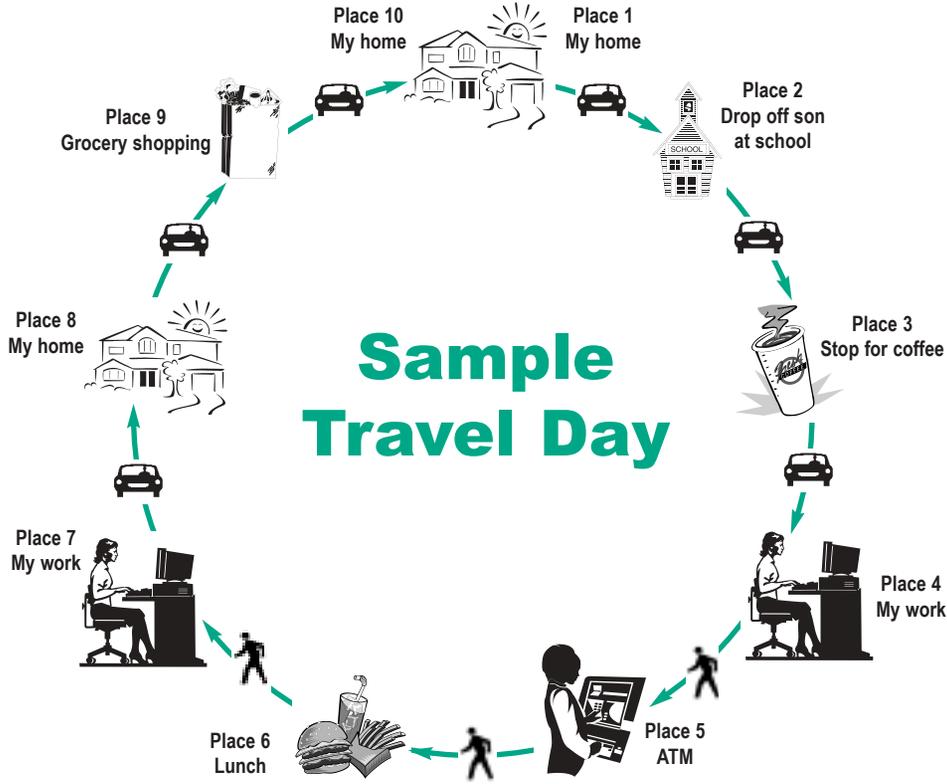
- 23 Working at home (related to main or second job)
- 24 Other at home: *(write code and specify)*

## Checklist

- ✓ A PLACE is a location that has a new or different address.
- ✓ Write down all PLACES visited, even short walks, trips, or stops (e.g. getting coffee on the way to work or going through the drive-through at a fast food restaurant).
- ✓ Record a parking lot or structure location only if the walk to your destination is more than five minutes.
- ✓ If you park your car and walk more than five minutes to a new PLACE, record your reason for travel as Code 1 (change mode of transportation).
- ✓ Write complete addresses for each PLACE you visit. Include:
  - exact place or business name,
  - complete street address,
  - city,
  - county,
  - zipcode,
  - a street that crosses near the address, and
  - a landmark (a unique place that is found on a map, such as a church, park, shopping mall, lake, bridge, etc.)
- ✓ Record the exact times that you arrive and leave each PLACE.

Use this diary to record your travel from 3am on your travel day (or when you wake up) until 2:59am the following day (or when you go to sleep).

Travel includes both destinations and stops along the way, please record both.



# Sample Travel Day

See example of how to fill out each place on next page →

<b>D</b> WHERE did you go next? (be as exact as possible) Place or business name: Address/City: County/Zip: Cross street/Landmark:	<b>E</b> What TIME did you ARRIVE? (record exact times)	<b>F</b> HOW did you get there? (use List 1 codes)	<b>G</b> WHY did you go there? (use List 2 codes)	<b>H</b> What TIME did you LEAVE? (record exact times)
My son's school  Note: Son's school name and address were provided in telephone interview.	7:36 am / pm	3	3	7:38 am / pm
Starbucks Coffee 454 Fair Oaks Avenue/S. Pasadena Los Angeles/91030 Pasadena Freeway/War Memorial Park	7:42 am / pm	3	4	7:50 am / pm
My work  Note: Work name and address were provided in telephone interview. Walk from parking lot to work was less than five minutes.	8:25 am / pm	3	7	12:48 am / pm
Bank of America 525 S. Flower Street/Los Angeles Los Angeles/90071 West 5th Street/Los Angeles Central Library	12:53 am / pm	1	4	12:58 am / pm
McDonald's 505 S. Flower Street/Los Angeles Los Angeles/90071 West 5th Street	1:05 am / pm	1	12	1:36 am / pm
My work  Note: Work name and address were provided in telephone interview.	1:44 am / pm	1	7	5:37 am / pm
My home  Note: Home address was provided in telephone interview.	6:13 am / pm	3	24	6:25 am / pm

PLACE 2 PLACE 3 PLACE 4 PLACE 5 PLACE 6 PLACE 7 PLACE 8

[Person would continue to record Place 9 Grocery shopping and Place 10 My home.]

**Public Transportation Users:**

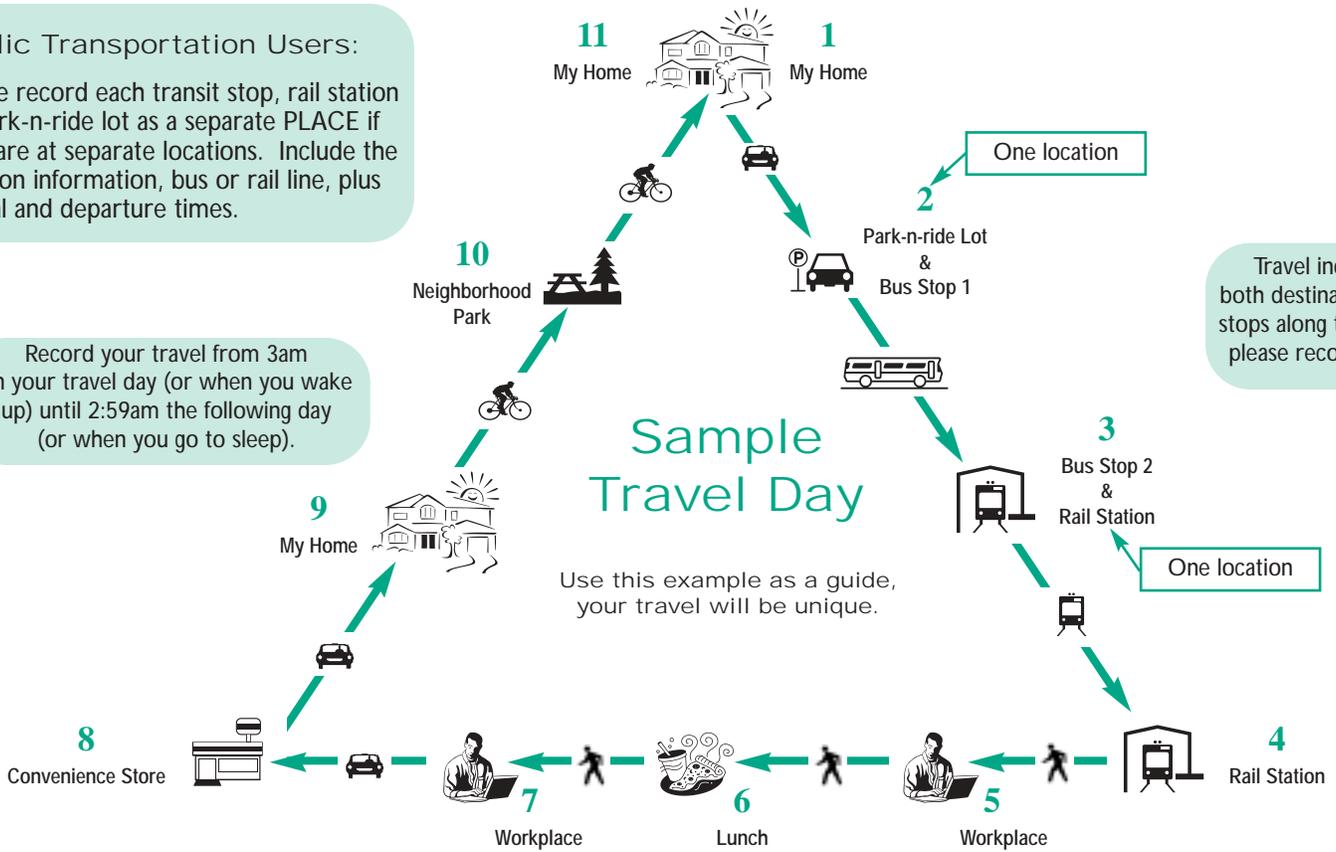
Please record each transit stop, rail station or park-n-ride lot as a separate PLACE if they are at separate locations. Include the location information, bus or rail line, plus arrival and departure times.

Record your travel from 3am on your travel day (or when you wake up) until 2:59am the following day (or when you go to sleep).

Travel includes both destinations and stops along the way, please record both.

# Sample Travel Day

Use this example as a guide, your travel will be unique.



**1** **A** WHERE were you at 3am on your travel day?  My Home

**B** To help us begin your day, what TIME did you WAKE UP on your travel day? 5:59(am)/pm

**C** What TIME did you LEAVE PLACE 1? 7:12(am)/pm

	<b>D</b> WHERE did you go next? (be as exact as possible) Place or business name: _____ Address/City: _____ County/Zip: _____ Cross street/Landmark: _____	<b>E</b> What TIME did you ARRIVE? (record exact times)	<b>F</b> HOW did you get there? (use LIST 1 codes)	<b>G</b> WHY did you go there? (use LIST 2 codes)	<b>H</b> What TIME did you LEAVE? (record exact times)
<b>2</b>	Bus stop MTA Line 230 Los Angeles Los Angeles Laurel Canyon / Riverside Don't know exact address and zipcode.	7:30(am)/pm	4	1	7:33(am)/pm
<b>3</b>	Universal City Station Los Angeles Los Angeles Address and zipcode not needed due to exact rail station name.	8:07(am)/pm	1	1	8:13(am)/pm
<b>4</b>	Metro Center Station Los Angeles Los Angeles Address and zipcode not needed due to exact rail station name.	8:33(am)/pm	9	1	8:35(am)/pm
<b>5</b>	Workplace Work name and address information was provided in telephone interview.	8:40(am)/pm	1	7	12:10 am/(pm)
<b>6</b>	California Pizza Kitchen 330 S. Hope St./Los Angeles Los Angeles/90071 South Grand Avenue	12:22 am/(pm)	1	12	12:40 am/(pm)
<b>7</b>	Workplace Work name and address information was provided in telephone interview.	12:53 am/(pm)	1	7	5:52 am/(pm)
<b>8</b>	7-Eleven 11373 Riverside Dr./N. Hollywood Los Angeles /91602 Camarillo Street Person would continue to record Places 9-11.	6:27 am/(pm)	4	4	6:38 am/(pm)

PLACE 1

**A** WHERE were you at 3am on your travel day?

- My Home   
  My School   
  My Primary Workplace   
  Other Place →
- Transit stop, park-n-ride, or other change of mode point (*record intersection*) →

Place or business name: \_\_\_\_\_

Address/City: \_\_\_\_\_

County/Zip: \_\_\_\_\_

Cross street/Landmark: \_\_\_\_\_

**B** To help us begin your day, what TIME did you WAKE UP on your travel day?

: am/pm

**C** What TIME did you LEAVE PLACE 1?

: am/pm

**Remember:** Record any stops you made along the way as a separate **PLACE**.  
 If you ride the bus or train, record each bus stop or train station where you got on or off as a separate **PLACE**.

**D** WHERE did you go next? (*be as exact as possible*)

Place or business name: \_\_\_\_\_

Address/City: \_\_\_\_\_

County/Zip: \_\_\_\_\_

Cross street/Landmark: \_\_\_\_\_

PLACE 2

PLACE 3

PLACE 4

PLACE 5

PLACE 6

PLACE 7

PLACE 8

<b>E</b> What TIME did you ARRIVE? ( <i>record exact times</i> )	<b>F</b> HOW did you get there? ( <i>use List 1 codes</i> )	<b>G</b> WHY did you go there? ( <i>use List 2 codes</i> )	<b>H</b> What TIME did you LEAVE? ( <i>record exact times</i> )
: am / pm			: am / pm
: am / pm			: am / pm
: am / pm			: am / pm
: am / pm			: am / pm
: am / pm			: am / pm
: am / pm			: am / pm
: am / pm			: am / pm
: am / pm			: am / pm

continue on next page →

Continue recording places visited below.

Keep your completed Travel Diaries by the phone and we'll call you to collect the information!

<b>D WHERE did you go next?</b> <i>(be as exact as possible)</i> Place or business name: _____ Address/City: _____ County/Zip: _____ Cross street/Landmark: _____	
PLACE 9	
PLACE 10	
PLACE 11	
PLACE 12	
PLACE 13	
PLACE 14	
PLACE 15	
PLACE 16	

<b>E What TIME did you ARRIVE?</b> <i>(record exact times)</i>	<b>F HOW did you get there?</b> <i>(use List 1 codes)</i>	<b>G WHY did you go there?</b> <i>(use List 2 codes)</i>	<b>H What TIME did you LEAVE?</b> <i>(record exact times)</i>
: am / pm			: am / pm
: am / pm			: am / pm
: am / pm			: am / pm
: am / pm			: am / pm
: am / pm			: am / pm
: am / pm			: am / pm
: am / pm			: am / pm
: am / pm			: am / pm

**I** To end your day, what TIME did you GO TO SLEEP on your travel day?

: am/pm
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## Thank you for being a part of the Southern California Travel & Congestion Survey.

*Your travel information is very important to us!*

What do you do with your completed Travel Diaries?



You have two choices . . .

1. *Keep your completed diaries by the telephone.* We will call you starting the day after your travel day to collect your trips. We will continue to do this for about 10 days after your travel day. If we don't reach you within 10 days, please call us or mail back your diaries in the postage-paid envelope.
2. *Call our hotline at your convenience (1-888-687-8287, ext. 4055) from 8am to 9pm weekdays and 10am to 4pm on weekends.* If you don't reach us for some reason, mail back your diaries.



*If you mail back your diaries, please make sure they are as complete as possible, and spell out all addresses clearly. This may eliminate the need for us to call you back with any questions.*